

THE ANTIBACTERIAL ACTIVITY OF AQUEOUS AND ALCOHOLIC EXTRACTS OF *SALVADORA PERSICA* ON SEVEN TYPES OF ORAL BACTERIAL STRAINS

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ABSTRACT

Salvadora persica , commonly known as the toothbrush tree (Miswak) , is an evergreen shrub with fibrous branches . Different parts of the tree stems, roots, twigs have been used as natural antimicrobial sources for the maintenance of oral hygiene. It has been found that *S. persica* has analgesic, antiplaque, anticariogenic and antifungal properties. The aim of this study was to observe the antibacterial action of the aqueous and alcoholic extracts of the stems of *S. persica* against seven types of oral bacteria. The stems of *S. persica* were obtained from a local market in Duhok governorate and the pathogens were collected from the laboratory of Azadi hospital and cultured on blood, nutrient and MacConkey agars. The extracts were prepared using Rotary Vacuum Evaporator, followed by the preparation of the stock solutions. Overall both the aqueous and alcoholic extracts exhibited antibacterial activity against all the types of the bacteria. However, the aqueous extract showed stronger antibacterial action against all strains in particular gram positive bacteria. Methanol and isopropanol were effective against gram negative bacteria. *S. persica* has proved its efficacy as a natural antimicrobial plant for cleansing the oral cavity and can be used as alternative to other expensive medicinal products.

KEYWORDS: *Salvadora persica*, Chewing sticks, Antimicrobial, Miswak, Toothbrush ,Oral hygiene.

1. INTRODUCTION

Medicinal herbs have been used among different populations since antiquity to maintain a good general body and oral health. World Health Organization (WHO) stated that up to 80% of the communities of developing countries use the medicinal plants as remedies. The popularity of herbal medicine has been expanded throughout the world reaching Africa as these remedies are at hand and less expensive besides the drug shortage [18].

Many herbs have been used as antimicrobial agents for the treatment of oral diseases; such as caries and periodontitis with over than 180 plant species that are used a natural chewing sticks. The most common species are *S. persica* (Peelu), *Azadirachta indica* (Neem, widely distributed in Indian subcontinent). *Acacia arabica* (Kikar) and *Olea europaea* (Zaitoon) popular in Southern-Eastern Africa. *Glycosmis pentaphylla* , common in India, Malaysia , Southern China and Philippine, *Capparis aphylla* (Khiran, grows in dry regions of Pakistan) [3,10,20,23]. One of these plants that are used as a natural toothbrush is the *S. persica* that belongs to family Salvadoraceae, commonly called Miswak or Siwak in Muslim communities. It is widespread in arid regions of India, Africa, the Middle East

and the Arabian Peninsula and often grows on saline lands [16]. It is an evergreen small tree, 4-6 m tall and usually 1 ft in diameter. The smooth green leaves are edible and used traditionally for the treatment of coughs, asthma, rheumatism, piles, scurvy, etc. The stems, twigs, and roots have been used for centuries by the Arabs for having healthy, white and bright teeth [2,16]. They are soft and can be easily smashed by teeth after trimming and shaping them to resemble toothbrushes [8].

The investigations of the phytochemical constituents of *S. persica* revealed the presence of alkaloids, flavonoids, tannins, saponins, sulphur, glycosides, steroids , resins, carbohydrates, vitamin C, calcium and volatile oils besides oleic and linoleic acids, sodium chloride, potassium chloride and salvadorea which are responsible for bioactivity of Miswak [2,13].

Previous studies screened different solvent extracts (alcoholic and aqueous) for the presence of these constituents. It was shown that all phytochemicals were absent in hexane extracts of stems and twigs while only alkaloids were found in Chloroform extract. However all of the phytochemicals were present in the ethanol extract of the twigs and the aqueous extract of the stem [12]. In addition, Darout et al. proved

the presence of sulphate, thiocyanate, chloride, and nitrate in the aqueous extract of roots and stems [11]. Other studies revealed the presence of benzylamides, phosphorus, calcium, fluoride and silica [15,19]. The polarity of the solvents could be the reason for this variation in the presence of these constituents. In contrast other studies demonstrated different results. In general the strong antibacterial and antifungal activity of *S.persica* have been confirmed by previous studies, however, the contradiction in the results could be due to the used techniques for the extraction, tested concentration, type of solvent extracts, the used part of *S.persica* and its origin or geographical distribution [9].

The present study was performed to observe the antimicrobial activity of aqueous and alcoholic extracts of Miswak against seven types of gram-positive and gram-negative oral bacterial strains that cause periodontitis and dental caries.

2. MATERIALS AND METHOD

-collection of bacterial specimens:

Pathogenic bacteria (*Staphylococcus aureus*, *Streptococcus pneumonia*, *Streptococcus agalactiae*, *Enterococcus faecalis*, *Escherichia coli*, *Klebsiella pneumonia*, *Pseudomonas aeruginosa*) were obtained from the laboratory of Azadi hospital and cultured on blood, nutrient and MacConkey agars. The study was carried out in the microbiology laboratory of Duhok Technical Institute, Duhok Polytechnic University.

-Collection of Miswak and preparation of aqueous and alcoholic extracts

The stems of Miswak were collected from a local market in Duhok governorate, Kurdistan region of Iraq. The stems were kept at room temperature for a week to dry thoroughly. An electric grinder was used to grind the Miswak into a powder. Approximately 50gm of Miswak powder was soaked into 500ml of distilled water and left in it for two days. Similarly, 50gm of Miswak was added to 500ml of methanol and 500 ml of isopropanol and left for 3 days. Each solution was filtered using filter paper (Whatman No.1). Concentrated solutions were obtained using Rotary Vacuum Evaporator, 60c and 40c for distilled water and alcohol solutions respectively. Then the solutions were preserved in refrigerator for later use. The stock solution was prepared by adding 0.2gm of crude extract to a flask containing 200ml of distilled water, likewise, 200ml of each of the solvents

(methanol and isopropanol) were mixed with 0.2 gm of crude extract. Finally, these stock solutions were used for preparing five different concentration (200, 400, 600, 800, 1000) mg/ml.

-Agar diffusion method:

The antimicrobial sensitivity test was performed on Muller Hinton agar plates using agar diffusion method by spreading bacteria suspension smoothly on the agar plates. The required number of holes on agar were made using sterile glass capillary which then filled with sterile extract (aqueous or alcohol) made from *S. persica* stock solution. The plates were left for a period of time for proper diffusion of plant extract into the media then incubated at 37°C for 24hrs. The mean diameter of inhibition zone was measured in (mm) excluding the well's diameter.

3. RESULTS

In the present study, all the different concentrations of aqueous, methanol and isopropanol extracts of *S. persica* showed activity against all the seven types of the oral bacteria (Table 1). The aqueous extract had a higher inhibitory action than the alcoholic extracts. The concentration of 1000 mg/ml of the three extracts was the most effective one on the strains. The figures below represent the results of the antibacterial activity of the three extracts through the measurement of the inhibition zones in (mm). The negative control (distilled water) had zero effect on the tested pathogens.

The aqueous extract showed a stronger activity against Gram-positive bacteria (range 3.7- 6.4 mm) than Gram-Negative bacteria (range 3.4 - 4.4 mm). *Strept. pneumoniae* was the most sensitive one to the aqueous extract among all the strains; with inhibition zone of 4 mm at concentration 200 mg/ml and maximum zone of inhibition (9 mm) was recorded at 1000 mg/ml (Figure 1). However, the lowest effect was noticed on *P. aeruginosa* with inhibition zone of (2 mm, 6 mm) at concentration 200 mg/ml and 1000 mg/ml respectively. Overall, both alcoholic extracts of *S. persica* exhibited a relative effect in contrast to the aqueous extract. Methanol and isopropanol extracts had an observable effect on Gram-negative bacteria more than Gram-positive bacteria. Methanol had high antibacterial activity against *K. pneumonia* (8.4 mm at concentration 1000mg/ml) and *P. aeruginosa* (8 at 1000mg/ml) (Figure 2). The weakest growth inhibition was observed in *E.*

faecalis (5.3mm at 1000mg/ml). Among Gram-positive bacteria, *Strept. pneumoniae* (6 mm at 1000mg/ml) and *S. aureus* (7.2 mm at 1000 mg/ml) showed the highest sensitivity to methanol extract.

Similarly, isopropanol showed high antibacterial activity against *K. pneumonia* (9.2 at concentration 1000 mg/ml) and *P. aeruginosa* (7.6 mm at 1000 mg/ml), followed by the gram-positive bacteria *Strept. pneumoniae*, *S. aureus* and *E.coli* with inhibition zones (7 mm, 6.3mm and 6 mm at 1000 mg/ml) respectively.

-Statistical Analysis

The Analysis of variance (ANOVA) showed no clear difference among the means of the three extracts depending on the obtained significance level (0.434) which was greater than (0.05) (Table 2). Post Hoc – Multi Comparisons also confirmed the result where the significance level was higher than (0.05) according to (LSD) and (Duncan) methods (Table 3 and Table 4).

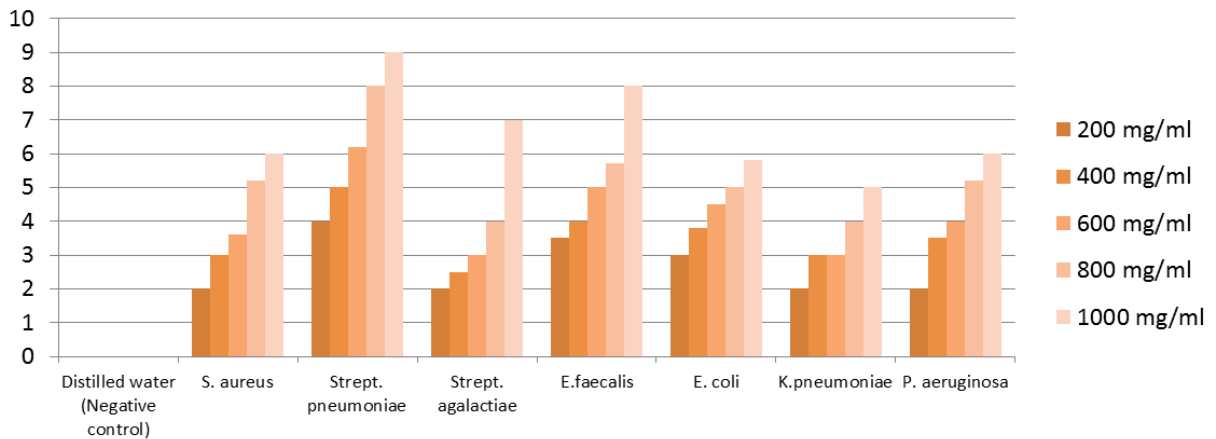


Fig. (1):The effects of aqueous extract of *S. persica* on the growth of bacterial isolates.

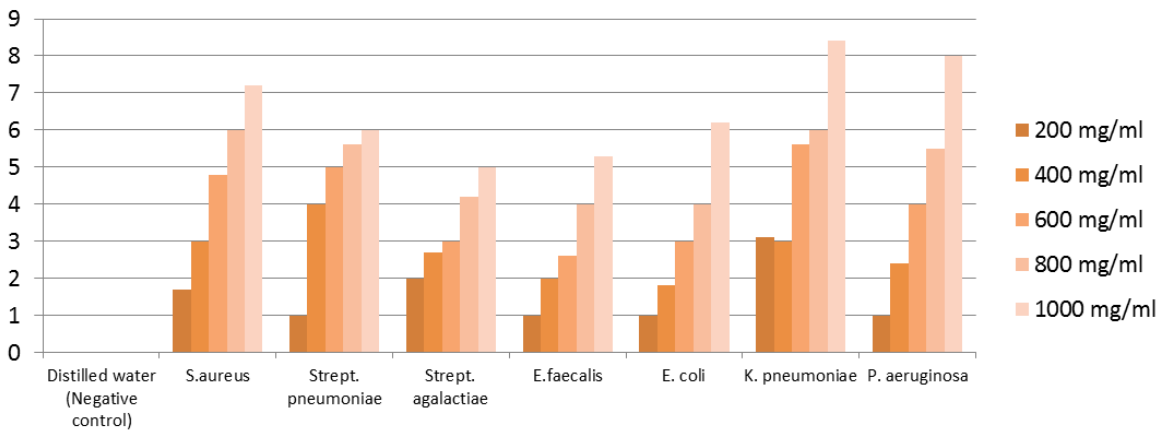


Fig. (2):The effects of methanol extract of *S. persica* on the growth of bacterial isolates.

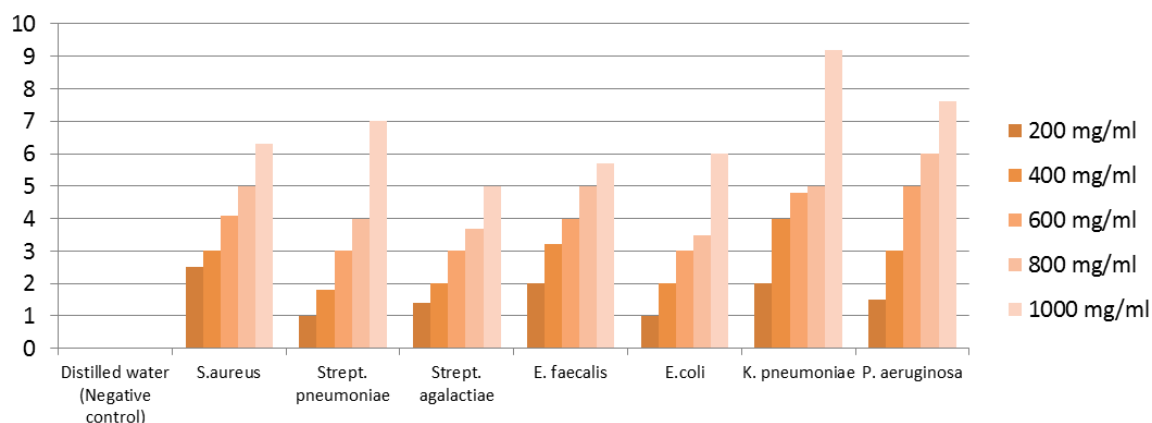


Fig. (3):The effects of isopropanol extract of *S. persica* on the growth of bacterial isolates.

Table (1): Mean and standard deviation values of zone of inhibition (mm) of all bacteria treated with aqueous, methanol and isopropanol extracts of *S. persica*.

Types of bacteria	Mean ± SD		
	Aqueous extract	Methanol extract	Isopropanol extract
<i>Staphylococcus aureus</i>	3.96 ± 1.62	4.54 ± 2.21	4.18 ± 1.53
<i>Streptococcus pneumonia</i>	6.44 ± 2.06	4.32 ± 2.00	3.36 ± 2.33
<i>Streptococcus agalactiae</i>	3.7 ± 1.98	3.38 ± 1.20	3.02 ± 1.41
<i>Enterococcus faecalis</i>	5.24 ± 1.76	2.98 ± 1.69	3.98 ± 1.46
<i>Escherichia coli</i>	4.42 ± 1.07	3.2 ± 2.02	3.1 ± 1.88
<i>Klebsiella pneumonia</i>	3.4 ± 1.14	5.22 ± 2.25	5 ± 2.63
<i>Pseudomonas aeruginosa</i>	4.14 ± 1.54	4.18 ± 2.72	4.62 ± 2.41

Table (2): Analysis of variance (ANOVA) of the three extracts.

Sample	Sum of Squares	Df	Mean Square	F	Sig.
Between Groups	1.369	2	.684	.875	.434
Within Groups	14.077	18	.782		
Total	15.446	20			

Table (3): Post Hoc Tests

Multiple Comparisons / Dependent Variable: Sample						
LSD						
(I) factor	(J) factor	Mean Difference (I-J)	Std. Error	Sig.	95% Confidence Interval	
					Lower Bound	Upper Bound
1.00	2.00	.49714	.47270	.307	-.4960	1.4902
	3.00	.57714	.47270	.238	-.4160	1.5702
2.00	1.00	-.49714	.47270	.307	-1.4902	.4960
	3.00	.08000	.47270	.867	-.9131	1.0731
3.00	1.00	-.57714	.47270	.238	-1.5702	.4160
	2.00	-.08000	.47270	.867	-1.0731	.9131

Table (4): Duncan^a test

factor	N	Subset for alpha = 0.05
		1
3.00	7	3.8943
2.00	7	3.9743
1.00	7	4.4714
Sig.		.263

Means for groups in homogeneous subsets are displayed.
a. Uses Harmonic Mean Sample Size = 7.000.

4. DISCUSSION

S.Persica has been one of the significant plants that are used as an antimicrobial agent for oral hygiene in different countries . The extract of Miswak have proved efficacy against bacterial strains and other fungi [14,19]. In the present study, aqueous and alcoholic extracts of *S. persica* were used to demonstrate their antibacterial activity against seven types of oral bacterial isolates. This study showed that the inhibition zone increases with the increase of concentration of the extract; accordingly the concentration of 1000 mg/ml had the highest effect on all strains. The aqueous extract exhibited a stronger antibacterial activity on all types of bacteria than the methanol extracts and this was also observed in previous studies showing the efficiency of the aqueous extract [5,22]. On the contrary, Al-Ayed et al. and Siddeeqh documented that the alcoholic extract had stronger antibacterial action than the aqueous extract [4,21] . The activity of both extracts on the same types of bacteria was also different where the aqueous extract had a clear effect on the Gram-positive strains. Conversely, both methanol and isopropanol exhibited a higher effectiveness on Gram-negative bacteria .The results showed that the aqueous extract had a significant activity against *Strept. pneumoniae*, *E.faecalis* followed by *Strept. agalactiae* and *S. aureus*. Our results are in agreement with previous studies where they reported the susceptibility of *E. faecalis* and *Strept. pneumoniae* to aqueous extract and the sensitivity of gram-positive bacteria to aqueous extract, especially the *Streptococcus* species [5, 6, 17]. In comparison to the alcoholic extracts, methanol and isopropanol had a significant effect on *K.pneumoniae* , *P. aeruginosa* and *E. coli* , where these bacteria had less inhibition

zone when treated with the aqueous extract . The findings of Al-Ayed et al. support the results of the present study. They indicated that methanol was highly effective against these gram-negative bacteria [4]. However, their results disagree with Al-Bayati and Sulaiman where their results showed the resistance of *P. aeruginosa* to the all concentrations of the methanol extract [5].

The Significance tests indicated the absence of difference in the activity among the three extracts where the significance level (0.434) was higher than (0.05).

The degree of sensitivity of strains to the extracts indicates that each extract has different constituents of *S. persica* and it may also depend on the pH of the extract .The aqueous extract has higher pH than the alcoholic extracts [17]. Abhary and Al-Hazmi stated that the constituents of Miswak increase the production of saliva and buffers its pH and as a consequence the number of bacteria was reduced significantly. The considerable amount of chlorides and minerals in the aqueous extract contribute to the reduction of the bacterial numbers. Additionally, the polarity of the solvent has a clear effect on the action of *S. persica* constituents. They documented that aqueous extract had more inhibitory effect on *L. acidophilus* (gram +ve) and *P. aeruginosa* (gram -ve) than the alcoholic extracts, this was due to the high amount of chloride, while hexane had no effect at all on *P. aeruginosa* [1] .Our findings are in consonance with Abhary and Al-Hazmi study. The aqueous extract had a notable effect on *P. aeruginosa*. Almas et.al demonstrated that the antimicrobial activity of the chewing sticks differs according to type and origin of the plant. The aqueous extract of the Arak (*S. persica*) had some effect on *Strept. faecalis* at 50 % concentration while Peelu (*Salvadora persica* from Pakistan) did not show

any effect .However, they stated that their experiment took a month and the sticks were not fresh at the time of the test , hence they showed no activity [7].

5. CONCLUSION

The results showed antimicrobial activity of both aqueous and alcoholic extracts against all the bacterial strains and the aqueous had a stronger effect than methanol and isopropanol. The aqueous inhibited the gram-positive bacteria more than the gram-negative bacteria. There was no clear difference in the action of the alcoholic extracts where both had a greater effect on the growth of gram-negative bacteria. However, the overall inhibition zones were significantly low when compared to the previous studies .This could be due to the type of *S. persica* or its geographical distribution. Additional research is required for understanding the activity of each species of *S. persica* and the factors that influence their efficacy.

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